



St John Ambulance - Emergency First Aid at Work - EFAW

Course Aim

This one-day course will provide delegates with the knowledge to meet regulatory requirements, if their risk assessment indicates that first aid training covering emergency protocols only is sufficient for their workplace.

Who Should Attend?

This course is designed for delegates who want to receive training in emergency first aid and is especially suited for nominated first aiders in smaller, low risk working environments.

Course Duration

This is a 1 day course.

Certification

Successful delegates will receive a St. John's ambulance certificate, valid for 3 years. This will be sent in PDF format via email.

Agenda

The content of this course provides basic life-saving first aid and workplace health and safety regulations, covering the following:

- The role of the first aider
- Health and safety (first aid) regulations
- Managing an emergency
- Resuscitation (adult CPR)
- Communication and casualty care
- Seizures (adult)
- Bleeding (minor and severe)
- Shock
- Burns
- Unresponsive casualty
- Choking (adult)
- Defibrillator pad placement
- Defibrillator prompts and how to respond